

# ANIMAL SERVICES

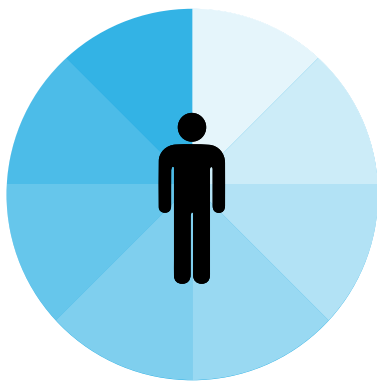
2017 Culture of Health  
Employee Needs and Program  
Interest Survey Results



**EMPLOYEES RESPONDED**

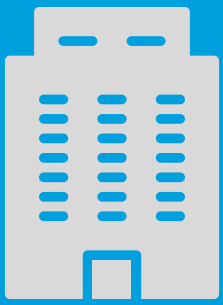


**5** individuals "strongly interested" in being Culture of Health ambassadors



**Most reported stress level "slightly high": 41%**  
(an increase from 2015)

All reported stress levels remained at or about the same as 2015



Well-being is highly linked to engagement! Employees reported an increase in how well they feel Animal Services is encouraging health behaviors.

**58% are extremely or highly likely to recommend working at COR**

**65% are extremely or highly satisfied working at COR**

**Stay in the Know**



The following County resources are here to support your well-being!

- Healthy Meetings & Activity Guidelines
- Board Policy for Use of County Facilities for Well-Being Activities
- Telemedicine from Amwell
- Farmers Markets

For resources from other County departments, visit Culture of Health's website



**More employees are taking their breaks**

63% compared to 56% in 2015

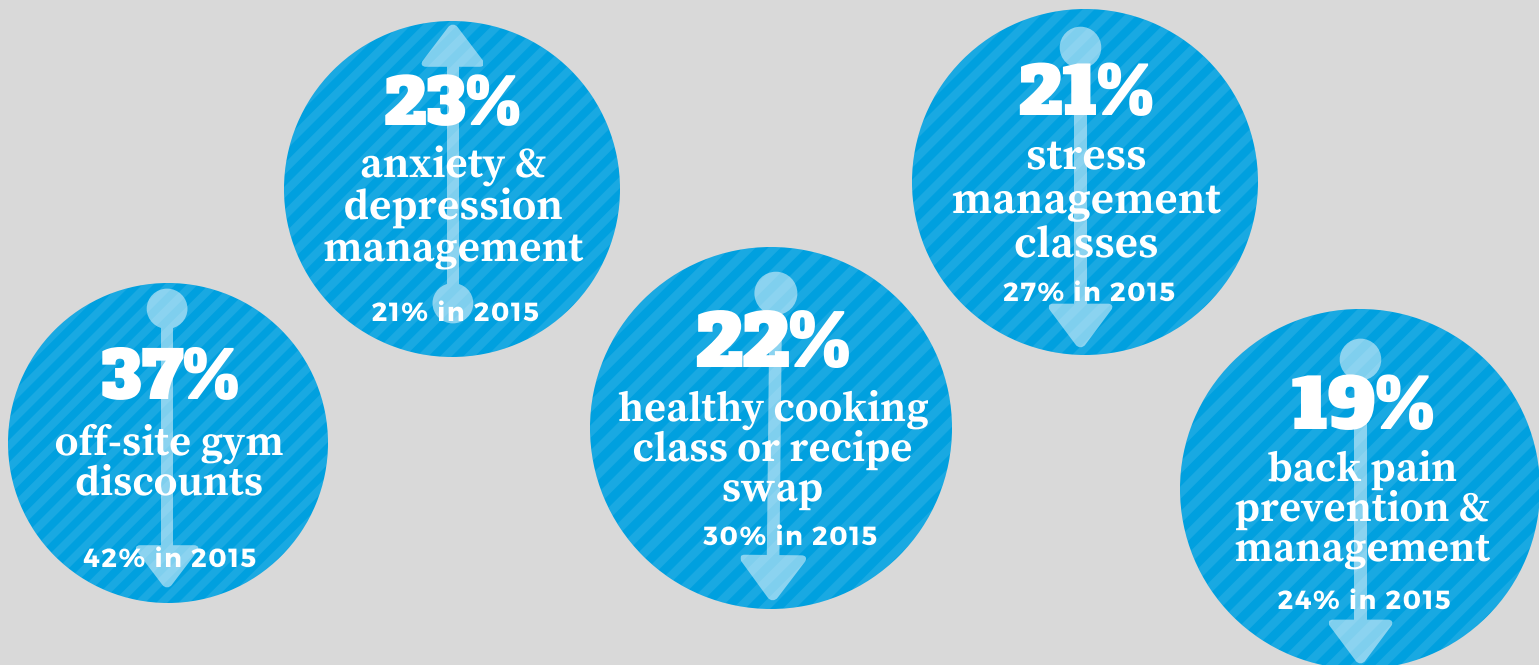
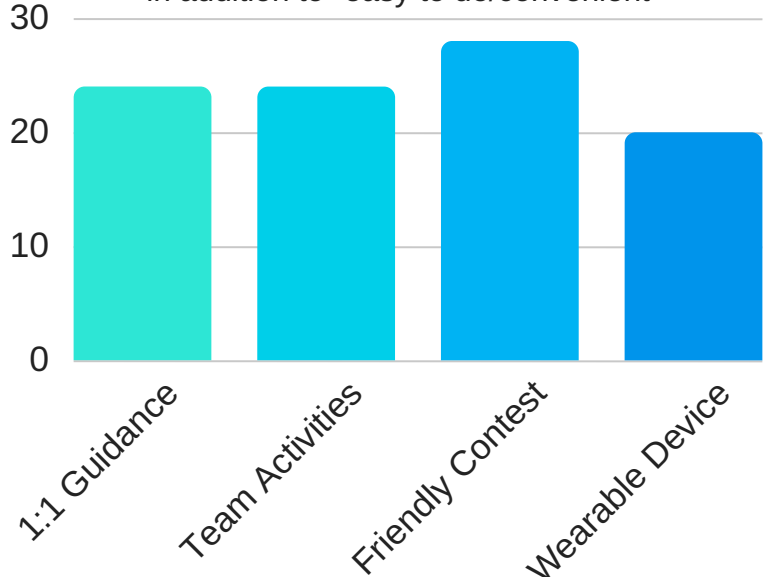
Taking breaks helps us stay focused, increase creativity, feel recharged, and prevent fatigue!

**Top 5 Personal Health Goals**

	2015	2017
Manage weight	54%	51%
Improve fitness	40%	35%
Drink more water	21%	28%
Improve sleep	20%	17%
Manage stress	13%	15%

**Most Appealing Features of a Well-Being Program**

in addition to "easy to do/convenient"



**Activities You'll Likely Participate In**